Introduction:
This course is designed to give you a step by step walk through of exactly how we Trend Trade the market. This course will be presented online via www.TrendsOfTrading.com. An in depth number of topics will be covered in detail and broken down into 10 specific modules, with more than 17 hours of video. We will show you how we approach the markets on a daily basis and operate with a rules based strategy. Our style of trading is 100% technical and can be applied to any market you wish to trade. Our goal is to show you that after learning the necessary information you can allocate as little as 60 minutes a day to your Trend Trading Strategy. We will be going into as much detail as possible; this is just an overview of some of the topics we will be covering inside each Module.
**Module 1: Trend Trading 101**

- Intro to course
- What is trend trading and why you should choose this style
- Different market's you can trade
- Definition of a *Rules Based Trading Strategy*
- Intro to Long & Short trading
- 7 crucial ingredients of trend trading
- Overview of topics we will be covering in course

**Module 2: Technical Analysis**

- What is technical analysis
- Why we trade off the charts and ignore the fundamentals
- **Intro to Candlestick Charts:**
  - How to draw the candles
  - What story each candle is telling about the buyers and sellers
  - Important candles to focus on and when to look for them
- **Exact setup of our charts and which time frames to focus on**
- What is *Support & Resistance* and how to identify it
  - How to set up trades off of these key levels
- Intro and understanding of *Trend Lines*
- Important technical indicators to know:
  - *On Balance Volume (OBV)*
  - *Stochastic Indicator*
  - *Average True Range*
- Understanding *GAP'S…* Different types you will see
- *Volume* & different uses of *Volume*
- Understanding why trading with *Confluence* is important
**Module 3: Identifying Trend**
- What is a trend
- Why you should always trade in the *Path Of Least Resistance*
- Price action signaling a trend
- The 3 different phases a stock trades in
- **Intro to Moving Averages:**
  - What is a moving average
  - Which specific moving averages we use on each time frame
  - Setting up moving averages correctly on a chart
  - Moving average alignment and why it is important
- How to judge the strength of a trend
- What signals the potential *beginning* of a new trend *(magic of #26)*
- What signals the potential *end* of an existing trend
- How to drill down using multiple time frames
- The strategy we use to identify general market trend. How and why we use this in our trading

**Module 4 & 5: Trading Setups**
- What is a trading setup
- What a trading setup consists of
- Why you should always keep your setups *SIMPLE*
- Breakdown of exact trading setups you can apply to trend trading
- What to look for when trading each setup
- When you should *avoid* taking a trade
- Trading with the *Rule of 3*
Our Setups:
- **Pull-Back Setup** - Long trade
- **Relief Rally Setup** - Short trade
- **Wedge Pattern** - Both Long & Short trade
- **Bull & Bear Flag Pattern** - Both Long and Short trade
- **20/50 Cross** - Both Long and Short trade
- **8/20 Cross** - Both Long & Short trade

The **20/50** and **8/20** Cross trades are pure price action plays. The **8/20** Cross is without a doubt my favorite long setup to trade!

**Module 6: Exit Strategy & Risk Management**

**Part 1: Exit Strategy**
- What exactly is *Risk Management*
- Importance of having an exit strategy
- The 2 parts to an exit strategy
- How to set an initial stop-loss
- How to use a trailing stop-loss to lock in *profits*
- Exact way we use *Average True Range* to determine our initial and trailing stop-loss

**Part 2: Money Management**
- The sure fire way to control your risk at all times
- Understanding proper position sizing
- How we use Average True Range to set our positions
- Why this is the only method you should use when determining how to set your position sizes
- Cash is a position
- How to leverage your account the right way
- One of the few things you can control in trading

**Module 7: Scanning For Trades**
- What is Quote software
- What exactly to put on your Quote list
- How to locate trades to take
- Walk you through the stock scanner we use and different criteria you can enter to find good trading opportunities
- How you can scan for different setups depending on what the general market is doing
- Using the major sectors of the market to locate trades… This can give you an excellent starting point
- Setting up a watch-list

**Module 8: Trading Plan**
- What is a Trading Plan
- Why you must operate as a trader with a detailed game plan
• Exactly what should be in your trading plan and a detail of each:
  - **Trading Identity**
  - **What markets to trade**
  - **Trading strategies**
  - **Risk & Position Sizing Method**
  - **Exit Strategy**
  - **When to trade/not to trade**
  - **How to track each trade**

**Module 9: Trading Psychology**

➤ **We will cover every aspect of the psychology behind trading**

• We will start with an understanding of exactly what trading psychology is. You will learn why trading is **90% mental** and that your ultimate success lies in your mental framework

• We will cover all the emotions that arise during trading. I want you to have a good feel for what each emotion means and how they can affect your trading

• **Bad emotions to conquer and ignore:**
  - Fear
  - Greed
  - Hope
  - Laziness
  - Panic
  - Anxiety
  - Cockiness

• Good emotions that should lead you when trading

• How to never get **frustrated** when trading

• How to trade with confidence
● How to believe in your trading plan and yourself as a trader
● Why DISCIPLINE is the single biggest factor in your trading
● The only way you should think as a trader.. This is called THINKING OBJECTIVELY
● How and why your EXECUTION is so important

You will finish this course with an excellent understanding of how to operate as a professional trader

**Module 10: Final Thoughts & Expectations**
● Recap of the topics we covered
● Putting it all together
● Using a trading simulator
● How to paper trade the right way and why it’s helpful
● Patience and Commitment
● Rules to live by as a trader
● Expectations
● Trading Journey
● Final Words

**Charts:** There are over 100 charts broken down in pdf form to give you a great understanding of our 10 trading setups.

If you should have any questions please feel free to contact us at any time.
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